

Try something  
new!

# Modern Western Square Dancing

Square Dance Omaha

[www.SquareDanceOmaha.org](http://www.SquareDanceOmaha.org)

Square dancing is a combination of sport and dance. Eight people coordinate their movements to create the dance., with a “caller” teaching them the movements. It’s Fun, Fellowship, Fitness and Friendship rolled into one activity. The music is modern, with a strong beat, but not too loud. The dance provides aerobic movement in 20 minute bursts.

**Thursdays**

**October 6 or 13, 2011**

**7:00 to 8:30 pm**

**Try it for FREE!**

**No obligation.**

Brought to you by the Square Dance Clubs of Omaha  
Swinging Squares, Heartland Singles, Merry Mixers and Belles n’ Beaus

**Rockbrook United Methodist Church**

**99th & West Center Road in Omaha**

Questions? Call Lanny at 402-894-0791 or Mike at 402-592-1460

Live Lively—Square Dance

Casual attire and comfortable shoes