

Try something
new!

Modern Western Square Dancing

Square Dance Omaha

www.SquareDanceOmaha.org

Square dancing is a combination of sport and dance. Eight people coordinate their movements to create the dance., with a “caller” teaching them the movements. It's Fun, Fellowship, Fitness and Friendship rolled into one activity. The music is modern, with a strong beat, but not too loud. The dance provides aerobic movement in 20 minute bursts.

Thursdays

January 5 or 12, 2012

7:00 to 8:30 pm

Try it for FREE!

No obligation.

Brought to you by the Square Dance Clubs of Omaha
Swinging Squares, Heartland Singles, Merry Mixers and Belles n' Beaus

Rockbrook United Methodist Church

99th & West Center Road in Omaha

Questions? Call Lanny at 402-894-0791 or Mike at 402-592-1460

Live Lively—Square Dance

Casual attire and comfortable shoes